

LEVEL 3/6: 1 - DAY TRAINING COURSE

Emergency First Aid at Work

DESCRIPTION

Where a workplace first aid risk assessment identifies a need for an Emergency First Aider in the Workplace, this one-day qualification meets the requirements of the Health and Safety (First Aid) Regulations 1981 and the Health & Safety (First Aid) Regulations (Northern Ireland) 1982.

All learners will have the skills and knowledge to provide the organisation with Emergency First Aider's that can provide treatment to their casualties in a prompt, safe and effective manner.

DURATION

A minimum of 6 contact hours in the classroom, consisting of theoretical and practical activities, plus some pre-course activity could be required. Ideally the course should be run over one day, but can be spread over a longer time period if you so desire, providing it is completed within 4 weeks of starting the course and the training sessions last for a minimum of two hours.

SYLLABUS

A range of subjects are covered including:-

- **Responsibilities and Reporting** • **Assessment of the situation** • **Dealing with an unresponsive casualty**
- **Basic hygiene in First Aid** • **Resuscitation and AED awareness** • **Anatomy** • **Minor Injuries** • **Bleeding Control**
- **Burns** • **Choking** • **Epilepsy** • **Shock**

CERTIFICATION

Practical assessment is ongoing by the instructor, and a three year qualification will be issued to those who satisfy the criteria. In addition, the HSE strongly recommend that all students undergo an annual refresher programme of three hours.

NUMBERS

A maximum of 12 students are allowed and must be a minimum of 14 years of age and a certificate can be offered to all, subject to assessment, A student cannot assume a responsibility in the workplace until they reach the age of 16, and then it is the employer's responsibilities to ensure that the student is suitable for that role. The certificate will expire as dated on the certificate, irrespective of age.

LOCATION

We are able to deliver this course on your site, reducing your costs in respect of additional time out and travelling.

Whatever your First Aid training requirement, there is a degree of flexibility within most programmes to accommodate it.

In association with

Please contact us for further information

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NUCO training

HSE Approved Training Organisation No 29/99