

# LEVEL 3/6: 2 - DAY TRAINING COURSE

## First Aid at Work Re-qualification

### DESCRIPTION

This 2-day First Aid at Work course is designed for those who currently hold a First Aid at Work qualification and are due to expire and meets the requirements of the Health and Safety (First Aid) Regulations 1981 and the Health and Safety (First Aid) Regulations (Northern Ireland) 1982.

### PLEASE CONSIDER THE FOLLOWING RULES FOR ATTENDANCE:

- A First Aider can renew their FAW qualification by attending a 2-day requalification course without question, if it's within 1 month past the expiry date
- If the First Aider has lapsed by more than 1 month, but no longer than 3 months, then the First Aider can requalify by attending a 2-day course providing 'Special considerations' have been applied

### SPECIAL CONSIDERATIONS ARE:

- A signed letter from the employer to the provider of the training stating the reasons why in their opinion, the First Aider is suitably experienced to attend a 2-day course and does not require a full 3-day FAW course OR....
- A decision is made by the provider of the training after discussions with the employer, or the First Aider, and deciding that their previous experience is sufficient to attend a 2-day course
- If the First Aider has lapsed beyond 3 months then they must attend a full 3-day FAW course

The important thing to remember is that as soon as the certificate expires, the First Aider is no longer considered competent to act as a First Aider in the workplace which may well leave the employer with a shortfall of First Aiders. Therefore, it would be prudent to arrange their requalification before they expire.

### DURATION

A minimum of 12 hours spread over at least 2 days. Ideally, the course should be run over two consecutive days, but can be spread over a longer time period if you so desire, providing it is completed within 7 weeks of starting the course and the training sessions last for a minimum of two hours.

### SYLLABUS

A range of subjects is covered including:-

- **Legalities, responsibilities and reporting** • **Assessment of the situation** • **Choking** • **Fractures & spinal injuries**
- **Dealing with an unresponsive casualty** • **Bandaging** • **Shock (including Anaphylaxis)** • **Heart Attacks** • **Head injuries**
- **Control of bleeding** • **Eye injuries** • **Poisoning** • **Chest injuries** • **Sprains & Strains** • **Burns** • **Asthma** • **Diabetes**
- **Epilepsy** • **Stroke** • **Resuscitation and AED awareness**

### CERTIFICATION

Successful qualification on this course is based on practical assessment conducted throughout the course and written test papers for Unit 2. A three year Level 3 Award in First Aid at Work (Level 6 in Scotland) will be issued to the learner, subject to successful assessment. No external assessors are required.

### NUMBERS

A maximum of 12 students are allowed and must be a minimum of 14 years of age and a certificate can be offered to all, subject to assessment. A student cannot assume a responsibility in the workplace until they reach the age of 16, and then it is the employer's responsibility to ensure that the student is suitable for that role. The certificate will expire as dated on the certificate, irrespective of age.

Whatever your First Aid training requirement, there is a degree of flexibility within most programmes to accommodate it.

In association with

Please contact us for further information

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