

LEVEL 3/6: 3-DAY TRAINING COURSE

First Aid at Work

DESCRIPTION

Where a workplace first aid risk assessment identifies a need for a First Aider in the Workplace, this three day qualification will give the participants a qualification to the highest level of First Aid, meeting the statutory requirements of the Health and Safety (First Aid) Regulations 1981 and the Health and Safety (First Aid) Regulations (Northern Ireland) 1982.

It is a requirement of the Health & Safety law that employers provide a safe and healthy environment to work in. If your assessment of First Aid needs highlights the need for qualified first aiders, then this Level 3 qualification (level 6 in Scotland) will provide you with suitable, highly trained personnel. This comprehensive three-day course covers a wide range of first aid emergencies, enabling all participants to deal with emergency situations with confidence in a prompt, safe and effective way. In addition, this course will include any protocol changes that may have arisen since their last training course.

DURATION

A minimum of 18 hours spread over at least 3 days. Ideally, the course should be run over 3 consecutive days, but we have the flexibility to accommodate your specific needs if you so desire provided it is completed within 10 weeks of starting the course and the training sessions last for a minimum of two hours.

SYLLABUS

A range of subjects is covered including:-

- **Legalities, responsibilities and reporting** • **Assessment of the situation** • **Resuscitation and AED awareness**
- **Dealing with an unresponsive casualty** • **Fractures & spinal Injuries** • **Shock (including Anaphylaxis)**
- **Control of bleeding** • **Bandaging** • **Heart attacks** • **Choking** • **Head injuries** • **Stroke**
- **Eye injuries** • **Poisoning** • **Chest injuries** • **Strains and Sprains** • **Burns** • **Asthma** • **Diabetes** • **Epilepsy**

If your organisation has a specific area of training that is not included, or you require a more in-depth session, then we can accommodate you by providing additional training in that particular subject.

CERTIFICATION

Summative practical assessment is ongoing by the instructor each day, along with a written assessment for unit 2. A three year Level 3 Award in First Aid at Work (Level 6 in Scotland) will be issued to the learner, subject to successful assessment. No external assessors are required. This qualification can be renewed by attending a suitable two day re-qualification course. The HSE strongly recommends that all First Aiders attend an annual refresher programme of a minimum three hours duration.

NUMBERS

A maximum of 12 students are allowed and must be a minimum of 14 years of age and a certificate can be offered to all, subject to assessment. A student cannot assume a responsibility in the workplace until they reach the age of 16, and then it is the employer's responsibility to ensure that the student is suitable for that role. The certificate will expire as dated on the certificate, irrespective of age.

LOCATION

We are able to deliver this course on your site, subject to a pre-course assessment of your premises, reducing your costs in respect of additional time out and travelling.

Whatever your First Aid training requirement, there is a degree of flexibility within most programmes to accommodate it.

In association with

Please contact us for further information

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NUCO training

HSE Approved Training Organisation No 29/99