

LEVEL 2: 3 HOUR TRAINING COURSE

Basic Life Support

DESCRIPTION

This regulated Level 2 Basic Life Support qualification will give learners the skills, knowledge and practical competence to administer first aid until professional medical help arrives. It is particularly suitable for healthcare professionals for the purpose of Continual Professional Development (CPD).

The Basic Life Support qualification will give learners the skills and knowledge to act in an emergency situation providing the casualty with critical life saving assistance until support arrives.

The qualification is delivered following the protocols set by the Resuscitation Council (UK) Guidelines.

DURATION

A minimum of 3 contact hours in the classroom, consisting of practical and theoretical activities. The course can be delivered in one day or spread over a maximum of 3 weeks ensuring that each session is a minimum of 1 hour.

SYLLABUS

A range of subjects are covered including:-

- **Cardiopulmonary Resuscitation (CPR)** • **Safe use of an Automated External Defibrillator (AED)**
- **Primary Survey** • **Recovery position** • **Choking**

ASSESSMENT & MARKING

The course Instructor is responsible for determining whether delegates pass or fail based on practical assessment throughout the course, i.e. by observation and oral questioning. The instructor will only award a pass if they believe that delegates have displayed the requisite understanding and competencies at the end of each session throughout the course.

CERTIFICATION

This qualification is valid for 3 years from the date of achievement. The learner will need to complete the full course again to requalify for a further 3 years. It is recommended that the learner attends annual refresher training.

NUMBERS & AGE LIMIT

A maximum of 12 students can be accommodated on this course and all candidates must be a minimum of 14 years of age to qualify.

LOCATION

We are able to deliver this course on your site, subject to a pre-course assessment of your premises, reducing your costs in respect of additional time out and travelling

Whatever your First Aid training requirement, there is a degree of flexibility within most programmes to accommodate it.

In association with

Please contact us for further information

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NUCO training

HSE Approved Training Organisation No 29/99