

AQUATIC THERAPY SHALLOW POOL RESCUE AWARD

Aquatic Therapy Shallow Pool Rescue Award

The ATSPRA is a supervision and rescue qualification for therapists, teachers and support staff working on the poolside or in the water during activities such as aquatic therapy or therapeutic exercise/play. The qualification is suitable for use in shallow pools where the rescuer will not be required to swim to perform a rescue, with water no deeper than the rescuers chest deep.

Course Structure

The course is divided into three sections. New and renewal candidates are required to complete the training hours below:

Section 1 – The Teacher/Therapist, Risk Assessment, and Pool Safety - 3 Hours

Section 2 – Intervention, Rescue and Emergency Action - 3 Hours (with optional specialist extraction equipment practice) - Minimum of 30 minutes per piece of equipment

Optional

Section 3 – CPR and First Aid (with optional EFAW and AED training) - 6 hours

Assessment— 1 hour

To Enter onto a Course

All Candidates must be able to:

- wade in standing depth water swiftly and confidently
- regain their feet from a face-down and face-up floating position
- climb out of the pool unaided

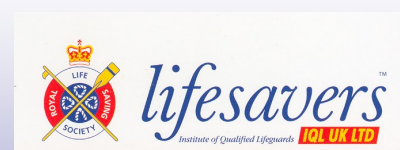
New Candidates must:

- be aged 16 years or older at the time of the assessment
- complete at least the minimum training hours for the course
- successfully complete the course assessment

We are an RLSS Approved Training Provider and are able to run courses on-site. Please do not hesitate to contact us should you have questions regarding other courses and qualifications.

Whatever your Lifesaving training requirement, there is a degree
Of flexibility within most programmes to accommodate it.

In association with



Please contact us for further information

Lifeguarding & Lifesaving Training

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